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Monkeypox Information

San Joaquin County Public Health (SJCPH) and the California Department of Public Health (CDPH), are closely monitoring the Monkeypox transmission in the U.S. and California to ensure rapid identification of cases. Per health officials, the risk of Monkeypox to the public is currently very low based on the information available.

Symptoms

- Monkeypox symptoms are like the flu, with fever, low energy, swollen lymph nodes, and general body aches.
- Within 1 to 3 days (sometimes longer) after a fever, the person can develop a rash or sores.
- Most people with Monkeypox will develop the rash or sores.

Transmission

- Monkeypox spreads primarily through direct contact with infectious sores, scabs, or body fluids.
- Monkeypox can be spread through many different ways.
- Some examples of how it can spread are the following:
 - Sharing towels or unwashed clothing
- Monkeypox is **NOT** spread through:
 - Casual brief conversations
 - Walking by someone with Monkeypox, (Example: like in a grocery store)

Prevention

- Talk to your family about any recent illness or new and unexplained sores or rashes on your body
- People who become infected should isolate until their symptoms are improving or have gone away completely. Rash should always be well covered until completely healed.
- As with many germs, **washing hands** and practicing good hand hygiene is an important step

When Should I Call the Doctor?

- Kids can get rashes from many different causes.
- If anyone in your family develops a new rash that looks like pimples or blisters, or have a new or an unexplained rash or other symptoms, **[seek medical care for further testing and evaluation.](#)**
- If you do not have a healthcare provider visit a public health clinic or local county clinic.
- **<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Monkeypox.aspx>**
- **http://www.sjcphs.org/Healthcare_Providers/documents/20220601_Health%20Advisory%20on%20Monkeypox.pdf**